# 2019 MEADOWMOOR MANTARAYS SWIM TEAM REGISTRATION

**Thursday April 4, 2019 6:00-7:30 Sign Ups**

## Welcome

Welcome to the 2019 swim season! The MeadowMoor MantaRays Board and Coaching Staff are eager to start another fun-filled season.

## Coaches

This year looks as though it will be quite competitive and we are excited to announce some changes in our coaching staff. We are happy to welcome Lindsey Stajcar and Jaden Zaleski as co-head coaches! Our coaches are eager to work with our children and make this the best swim team that it can be. We are looking forward to a great summer with swim team!

## Swimmers

Swimmers must be able to swim 25 yards without using the ropes to compete in meets. The team is open to all residents or grandchildren of residents of Meadowood, Co-moor or Eastland Park. Exceptions are made in certain situations.

## Parental Commitment

A successful, smooth running swim meet does not consist of the swimmers alone. It takes over 50 volunteers to run a home meet and 20 for an away meet. It requires scorers, timers, runners, clerk-of- course, awards, setup, clean up, and concessions. Each family is required to volunteer to work at 5 swim meets, plus CHAMPS at the end of the season. This is not limited to parents; grandparents, aunts, uncles, friends, neighbors, and any siblings over the age of 16 may volunteer. If you become unavailable for a position you have signed up for, you are responsible for finding a replacement. Please remember it is extremely unfair to other families when everyone does not abide by their commitment. Once registered, you will receive an email inviting you to sign up on Sign-Up Genius.

For home meets, families must also sign-up to bring food items to 2 meets, as well. Foods in bulk such as Sloppy Joes, or hot and cold salads (rigatoni, pasta/potato/macaroni/fruit salads) are examples of foods that may be needed. Food sign-ups are also done on Sign-Up Genius.

Let us know if you are unsure of a job and we will be happy to explain the position to you.

## Communication

## Please refer to [www.meadowmoorswim.com](http://www.meadowmoorswim.com) for any information you may need for the team including: registration packet, coaches info, practice times, meet schedule, FAQ’s, links to Swim United, SSL, Sign-up Genius and all updates and cancellations.

Communication will also be through e-mails from [MeadowmoorTeam@gmail.com](mailto:MeadowmoorTeam@gmail.com) and Sign-Up Genius. In the event of any last-minute changes or announcements, you will be contacted by e-mail, so please be sure to let us know if any of your information changes throughout the season.

## New Neighbors

Has anyone new moved into the neighborhood? Check with your neighbors, new and old, and bring them to registration. We welcome new swimmers to join our team!

\*\*\*If your swimmer refers a friend to the team they will receive a $10 gift card to the restaurant/store of their choice!!

## Registration Fees 2019

First Swimmer $95 registration only

Second Swimmer $85 registration only

Each additional swimmer $70 registration only

Girl Suit $51.84

Boy Suit $$38.88

If making out a check, please make it payable to Harbene Zaleski.

## Swimsuits

Suits will be sized, ordered and picked up through the Spirit Shop at the Rec Center.

The suits we have used the last two years are no longer available. We have picked a similar pattern if you would like to purchase a new one. If your swimmer’s suit is in good condition, no need to purchase a new one.

Please make every effort to attend the registration session on Thursday, April 4 from 6:00 to 7:30 pm at the Meadowood Clubhouse. Come with questions! Jobs will be explained at this time.

**Practice Times**

After school practices will begin Tuesday, May 28. This is the day after Memorial Day and the soonest the league rules allow. The coaches will cancel practice when weather conditions are not favorable or safe. The times are as follows:

Monday –Friday 5:00-6:00pm 10 and under

Monday-Friday 4:00-5:00 11 and up

Practice times will change to the morning after school is out beginning June 3 as follows:

**Please note the change from last year:**

Mondays – Thursdays:

9:00-10:00am 10 and under

10:00-11:15 am 11 years and up

Fridays: 10:00 – 11:15 am All swimmers Awards and food and games- Friday Fun Day!!

## Contacts

Harbene Zaleski 440-263-9612 [harbene@wowway.com](mailto:harbene@wowway.com)

Tracy Stajcar 440-846-0155 [tstajcar65@gmail.com](mailto:tstajcar65@gmail.com)

Jennifer Tedeschi 216-233-4499 [Meadowmoorteam@gmail.com](mailto:Meadowmoorteam@gmail.com)

**Important Dates**

Thursday, April 4 6:00 to 7:30 pm Registration at MW Clubhouse

Tuesday, May 28 practice begins

Thursday, June 7 Kick off Party at pool –pm

Thursday, June 13 Picture Day at Pool 10am

Saturday, July 20 Championship Meet

Saturday, July 20 Awards Banquet and Party - pm

## 2019 Meadowmoor MantaRays Meet Schedule

THURSDAY, JUNE 13 (Home) MEADOWMOOR vs. Westledge

TUESDAY, JUNE 18 (Away) REC CENTER vs Meadowmoor

THURSDAY, JUNE 20 (Away) WATERFORD vs. Meadowmoor

TUESDAY, JUNE 25 (Home) MEADOWMOOR vs. Bent/Spyglass

THURSDAY, JUNE 27 (Home) MEADOWMOOR vs. Deerfield/Chandler

TUESDAY, JULY 9 (Away) HIGH POINT vs. Meadowmoor

THURSDAY, JULY 11 (Home) MEADOWMOOR vs. Huntington

TUESDAY, JULY 16 RAIN OUT DATE

SATURDAY JULY 20 CHAMPS at the Rec Center

SATURDAY JULY 20 Awards Banquet and PARTY at Meadowood Clubhouse-PM

Meets begin at 6:00, unless noted. Arrival time for swimmers will vary based on location of meet, usually between 4:45 and 5:15.

## STRONGSVILLE SWIM LEAGUE 2019 CONSENT & RELEASE FORM

I/We the undersigned, parent(s) and/or guardian(s) of the named youth(s), do hereby give our consent for participation in the training and competitive meets of the Co-Moor / Eastland Park / Meadowood Swim Team, member of the Strongsville Swim League (SSL), which will provide a supervised, competitive swim program. I/We, the parent(s) and/or guardian(s) of the above candidate(s), do hereby give my/our approval for participation in all scheduled activities during the 2015 season. I/We, do further release, absolve and hold harmless the SSL and the Co-Moor / Eastland Park / Meadowood Swim Team and the Officers and Coaches of both organizations. In case of injury to my/our child, I/we waive all claim against SSL and the Co-Moor / Eastland Park / Meadowood Swim Team organizers, the City of Strongsville, the Strongsville Recreation Department, sponsors, or any of the supervisors appointed by them. Any adult supervisor of the Co-Moor / Eastland Park / Meadowood Swim Team is hereby given authority to call for, permit and provide medical care for my/our child and to consent to the provision of care to such child by medical practitioners or a hospital. I/We also certify that my/our child is in good health and has no known disabilities which would keep him/her from participating in the Co-Moor / Eastland Park/ Meadowood Swim Team practices and meets. I/We understand that swim team insurance will be included in the price of the registration fee.

I/We also understand the need for parental involvement as a vital part of our child’s/children’s learning experience with the Team as well as the obligation to share in the activities of the Team. Therefore, by executing this form, I/we agree to participate in either the identified volunteered activities or ones that shall be assigned by the Co-Moor / Eastland Park / Meadowood Swim Team.

I/We grant permission for my child/children’s photo/image/times and name(s) to be published on the SSL Strongsville Swim League public internet site (http//www.strongsvilleswimleague.org).

I am aware, there are potential dangers associated with the posting of personally identifiable information on a website since global access to the Internet does not allow control of who may access such information. These dangers have always existed; however, we as an organization do want to celebrate your child and his/her accomplishments.

If you, as the parent or guardian, wish to rescind this agreement, you may do so at any time in writing by sending a letter to the SSL President and such rescission will take effect upon the receipt by the SSL President.

Preferred Hospital:

Preferred Doctor: Phone:

Preferred Dentist: Phone: \_

Signature of Parent/Guardian: Date:

## Swimmers Names: Birth Date: Age as of (First, Last) June 1, 2019: (PLEASE PRINT)

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## Strongsville Swim League Swimmer, Parent, and Spectator Code of Conduct

1. Swimmers/parents/spectators should remember that the goal of summer swim league is: TO SUPPORT CHILDHOOD GROWTH AND DEVELOPMENT THROUGH SWIMMING-the fundamental techniques will be emphasized, with focus on sportsmanship, teamwork and having fun!
2. Swimmers/parents/spectators should keep in perspective what Strongsville’s swim league is about: Through sports; a child can experience attitudes which can help shape a happy, productive, and well- adjusted life. By creating a healthy environment on the team, ALL CHILDREN CAN BE WINNERS, regardless of the won-lost record.
3. Our children learn from what they observe- let your behavior ‘SET THE EXAMPLE’ for our swimmers!
4. Parents/spectators should remember they are present to support the children, not to draw attention to themselves.
5. Parents/spectators should remember that coaches and officials are trying to help our children and are qualified in swimming. Unless they are invited to take an active part in coaching, should not complain/offer advice from the deck/gallery.
6. The official is in complete charge of the meeting and for the sake of the swimmers, his/her decision must be respected. If there is a complaint, it must be brought to your team President who will then take it to the SSL President if further action is needed.
7. Swimmers/parents/spectators who attend swim meets should promote well-being and cheer for a job well done, regardless of which team the child is swimming for. Bullying another swimmer is NOT TOLERATED.

I have read and understand the above Code of Conduct and agree:

Parent’s Name (PRINTED) Parent’s Signature Date

Child’s Name (PRINTED) Child’s Signature Date

## Strongsville Swim League Swimmer, Parent, and Spectator Code of Conduct (Continued from Previous Page)

Child’s Name (PRINTED) Child’s Signature Date

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Child’s Name (PRINTED)

Child’s Signature Date

Swimmers Home address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent email address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent cell phone\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Purchased a Team Suit \_\_\_\_\_\_Yes \_\_\_\_\_\_No